

2023-24 ANNUAL REPORT



'n Nuwe lewe. 'n Nuwe begin.
A new life. A new beginning.

Behandelingsentrum vir Substansafhanklikheid
Treatment Centre for Substance Dependence



1964 - 2024



Ramot is proudly named by Die Burger-readers as the best rehab facility.



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MESSAGE FROM OUR MANAGER

RAMOT UNDERSTANDS THE IMPORTANCE OF REHABILITATION AND THE IMPACT ON INDIVIDUALS, FAMILIES AND COMMUNITIES, ESPECIALLY DURING TIMES OF INSTABILITY AND EMOTIONAL DISTRESS.

As a beacon of hope, RAMOT continuously delivers a message of optimism through our outreach to communities across the Western Cape, reminding people of our unwavering slogan: “A new life, a new beginning”.

Our team is committed to providing excellent treatment and service to patients and their families. RAMOT offers virtual aftercare sessions which patients and extended family positively support. In addition, we have broadened our collaboration with the media to ensure the public are informed and provide a tangible solution to those struggling with substance addiction.

RAMOT is constantly exploring new opportunities and making targeted program adjustments to ensure excellent service delivery in a constantly evolving industry landscape. Within a competitive market segment, many challenges arise that must be constantly transformed into opportunities.

In the midst of the questions and uncertainties, RAMOT remains steadfast in motivating those in need to find their reasons to stand up. RAMOT serves as a safe environment of hope, so that patients keep their eyes fixed on the future and not to focus on the defeats, but to let their “rock-bottom” become the solid foundation for a new future.

The lyrics of Koos du Plessis’ famous song, Gebed, are as follows: What I am is only grace, what I have is only borrowed (“Wat ek is, is net genade, wat ek het, is net geleen”).

RAMOT receives endless grace from our Heavenly Father.

BIG THANKS TO:

- Our Heavenly Father for all His abundant Mercy
- Dr. Christo van der Walt and the governing board for their time, expertise and support
- The staff for their dedication and all the long hours
- Badisa
- To all our donors for their contributions
- The Dutch Reformed Church
- Every service user and their family who trusts Ramot with their recovery process
- Dr Lize Weich and Dr Mogotlane from Stikland Hospital

**MR JOHANNES JANSE VAN RENSBURG
MANAGER RAMOT**



MESSAGE FROM OUR CHAIRMAN

South Africa is a country with a unique dynamic. For RAMOT as an NGO (a rehabilitation centre for substance dependence) the challenges are overwhelming to deliver a sustainable and affordable service that our patients and business partners/ stakeholders came to expect.

The challenging and competitive environment in which RAMOT operates puts further pressure on the organisation, especially when taking into consideration the various private rehabilitation centres which are supported by a strong financial basis.

RAMOT made a paradigm shift from “saving” to “innovation”, upon which I elaborate:

- In November 2023 and February 2024, RAMOT undertook an information roadshow to various rural areas. The aim was to empower people with practical information and tools in relation to dealing with addiction, to create awareness as to the various symptoms indicative of addiction and to leave a tangible footprint of RAMOT. The roadshows were attended by numerous social workers, municipal managers, church and community leaders. The feedback was overwhelmingly positive.
- RAMOT makes an effort to build networks with municipalities and other non-profit organizations. Ministers Sharna Fernandez and Jaco Londt (former and current Ministers of Social Services of the Western Cape), expressed their appreciation in writing for this initiative.
- A large billboard adjacent to the busy Frans Conradie Drive thoroughfare generates additional funds for RAMOT.
- RAMOT is giving serious consideration to the possibility of service delivery outside our national borders.
- A demand for programs completed over a longer period of time has been developed and implemented.
- RAMOT’s finances is considered to be satisfactory (refer to Mr Koos van Tonder’s financial report). In terms of finances, building and maintaining strong relationships with role players are of paramount importance.

A heartfelt thank you to our Program Manager, Mr Johannes Janse van Rensburg and his team for their commitment, innovation, energy and passionate service delivery. We as Governing Board are very proud of our staff. I wish to express my thanks and appreciation to our expert Board Members for always availing themselves, their time and knowledge for RAMOT’s benefit.

Thanks to BADISA, our parent body for their support, as well as RAMOT’s donors.

Above all, to God, the Almighty, all glory.

DR CHRISTO VAN DER WALT
CHAIRMAN: RAMOT GOVERNING BOARD



TREASURER'S REPORT



FINANCIAL REPORT FOR THE YEAR TO 31 MARCH 2024

Overview

Although RAMOT strives to charge fair fees for services, provision is made in the financial planning for a small surplus to maintain the necessary reserves. Of course, this is not possible every year and the financial result for the year under review, which shows a deficit of R175 000 (2% of Operating Expenses), is still more than satisfactory.

Expenditure

The cost of professional staff and outsourced professional services for non-governmental organizations (NGOs) remains a challenge due to the ongoing extraordinary increase thereof, measured against inflation, that NGOs experience. RAMOT manages these costs in a responsible manner so that the level of service to which RAMOT are committed to, can be continuously maintained. Constant oversight and stewardship are exercised over controllable expenses and management deserves to be applauded for their ingenuity which often results in savings.

Income

There is little that RAMOT can do about the fee structure. The State Subsidy and Medical Fund rates are determined externally. RAMOT is not in a position to adjust it upwards. Given the strong competition experienced in the market for private patients, it is also difficult here to adjust rates upwards if circumstances require it. Several projects are already underway, and management is positive that this will contribute to more patients using RAMOT's services despite the above limitations. The investment portfolio is invested conservatively and has a low risk profile. The income that flows from this makes an important contribution to financial sustainability.

Financial Statements

The summarized income and balance statements below, shows further information regarding the financial results for the past year.

RAMOT's financial position are sound, and the Governing Board would like to convey its thanks to management for their dedicated and responsible management of RAMOT's finances.

MR KOOS VAN TONDER
RAMOT GOVERNING BOARD

FINANCIAL RESULTS

INCOME STATEMENT

	<u>2024</u>	<u>2023</u>	<u>% Change</u>
INCOME SHEET			
Fees for services rendered	7 480	7 070	5,8
Private and Medical Aid Patients	4 943	4 694	5,3
State Subsidies	2 537	2 376	6,8
Donations	184	147	25,2
Individuals	86	50	72,0
Congregations	98	97	1,0
Diverse Income	338	203	66,5
Operational Income	<u>8 002</u>	<u>7 420</u>	<u>7,8</u>
EXPENDITURE			
Staff and Professional Services Expenditure	5 850	4 574	27,9
Office Expenses	301	367	- 18,0
Municipal Services	612	487	25,7
Facilities Maintenance	215	300	- 28,3
Food Supply	1 479	1 341	10,3
Diverse Expenditure	327	256	27,7
Operating expenditure	<u>8 784</u>	<u>7 325</u>	<u>19,9</u>
Operating surplus (deficit)	- 782	95	
Investment Income	625	412	51,7
Netto Surplus (Deficit)	<u>- 157</u>	<u>507</u>	

BALANCE SHEET

	<u>2024</u>	<u>2023</u>
Fixed Assets	328	371
Investments	5 481	5 025
Receivable Accounts	868	1 037
Cash	1 398	1 775
	<u>8 075</u>	<u>8 208</u>
Surplus not utilized	5 039	5 196
Reserve Funds	2 093	2 093
Accounts Payable	943	919
	<u>8 075</u>	<u>8 208</u>

MR KOOS VAN TONDER
RAMOT GOVERNING BOARD

THE CENTRE

Our passion and focus is a multi-professional treatment program with a holistic approach. Ramot treats various forms of dependence, including alcohol, prescription medication and all other drugs. The main goal is to enable patients to recover physically, mentally and spiritually so that they can function optimally according to their true potential. A distinguishing feature of our program is the intensive personal attention that each patient receives.

Ramot was founded in 1964 to offer treatment to individuals and families faced with addiction problems. The centre currently has 40 beds with separate facilities for male and female patients. The centre follows a multi-disciplinary treatment programme, which is based on scientific research and implemented by specialist staff.

TREATMENT



Psychological Treatment



Biokinetics



Medical Treatment



Creativity



Spiritual Counselling

FACILITIES



Gymnasium



Creativity Centre



Library



Media-room



Relaxation area

WHO

1. Medical Aid Patients
2. Private Patients
3. State Patients

ADMISSION CRITERIA

- Older than 18 years
- Self-motivated for the treatment and rehabilitation
- Able to understand Afrikaans and/or English
- Able to follow the program cognitively/mentally
- Absence of severe and disruptive psychiatric pathologies
- Willing to participate voluntarily in all facets of the program



ADMISSION INTERVIEW



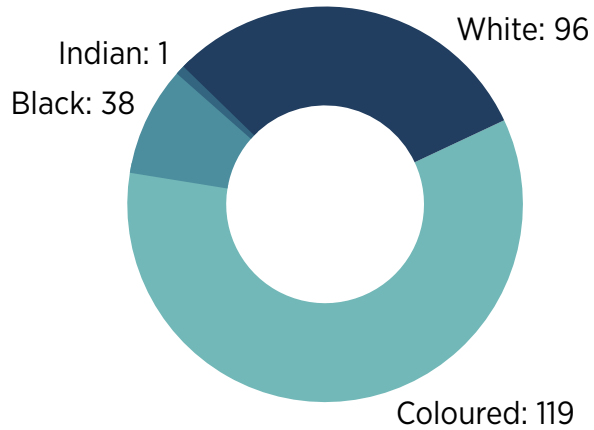
1 WEEK DETOX



4 WEEK PROGRAM

PATIENT STATISTICS

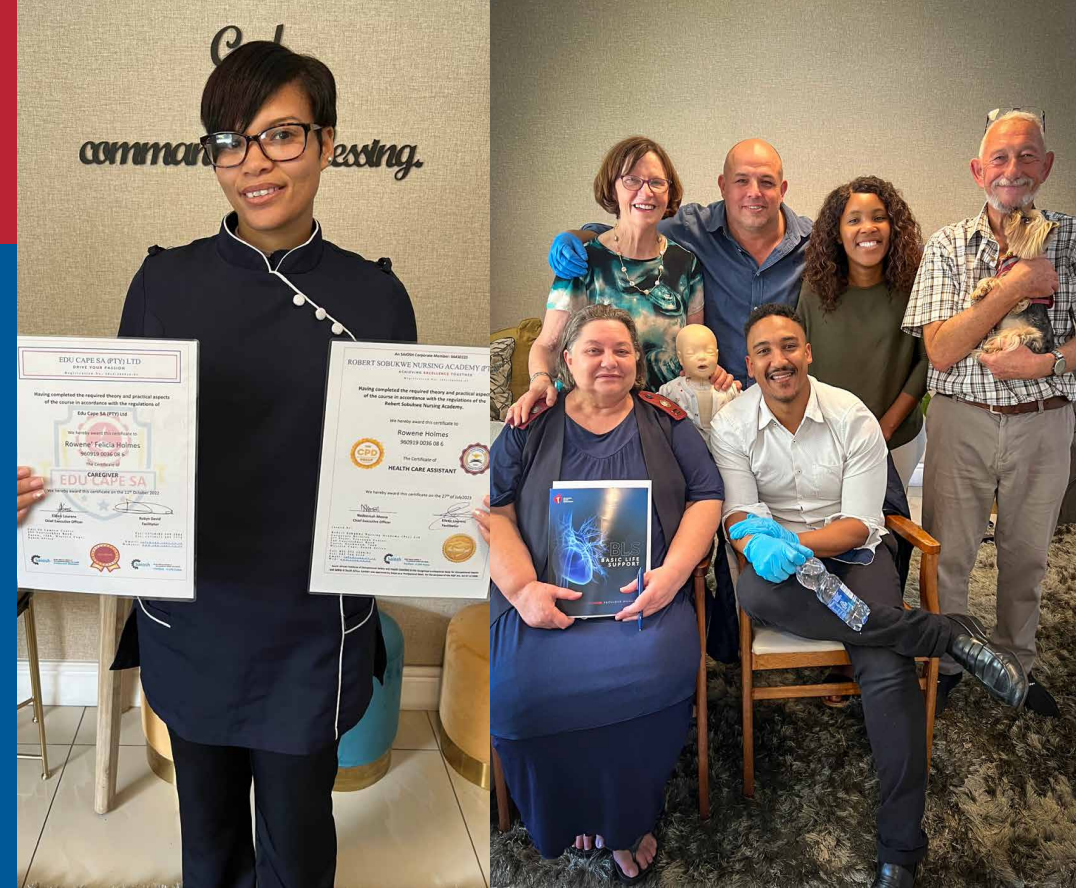
PATIENT DEMOGRAPHICS



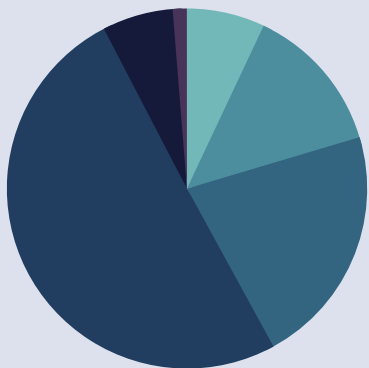
SEX



Female 75
Male 179



AGE



18 - 19: 6
20 - 29: 54
30 - 39: 102
40 - 49: 53
50 - 59: 29
60 - 64: 7
65>: 4

SUBSTANCE DEPENDENCY

ALCOHOL	39.77%
HEROINE	4.63%
MANDRAX	2.70%
TIK	35.91%
COCAINE	6.95%
DAGGA	5.79%
OTHER	4.25%

RAMOT EMPOWERMENT AND TRAINING



FUNDING

SELF	9
MEDICAL AID	94
EMPLOYER	7
FAMILY	24
STATE SUBSIDY	120

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Media Release By: Western Cape Minister of Social Development, Jaco Londt

Date: 26 June 2024

Release: Immediate

Minister Londt visited Ramot - one of five registered in-patient facilities subsidized by the DSD. Ramot provides in-patient treatment that consists of detoxification and five weeks of therapy. Here, Denver van der Bergh, a former patient shared his story.

Mr Van Der Bergh was addicted to alcohol and drugs for over 20 years before his employer intervened in 2020 and assisted him to go to Ramot for treatment. He has successfully abstained from drugs and alcohol since completing the treatment, has earned a business degree, landed a job in finance, and recently successfully completed his first Comrades Marathon.

“Ramot has walked this journey with me, even after I completed the programme in 2020. They sponsored my Comrades journey. Running has played an integral role in my rehabilitation. To those battling with addiction: there is always hope, it is never too late. Please make that change, you will be so happy, there is so much more to life,” said Mr Van Der Bergh.

“Denver’s story is not only a story of incredible perseverance and hope but is also proof that registered programmes work in turning lives around. We know and trust Ramot’s processes, because they abide by the national and provincial legislations, norms, and standards, which gives peace of mind to clients like Denver – as well as their families,” added Minister Londt.

To: Ramot

Subject: Recommendation letter for roadshow in partnership with DSD WCSAF & LDACs:

Dear Johannes,

I trust this email finds you well. I am writing to express my sincere appreciation for the recent roadshow conducted by the Ramot Treatment Centre. This event has proven to be a pivotal factor in enhancing service delivery in the field of substance abuse treatment and empowering the communities. It is worth noting that this roadshow marked the first of its kind in the last 12 years, signifying a remarkable milestone for our initiative.

The level of professionalism and organization demonstrated throughout the roadshow was truly commendable. Ramot's commitment to providing high-quality information and training sessions showcased their dedication to improving substance use disorder (SUD) services in our province.

The Western Cape Department of Social Development's overarching purpose, through the Provincial Substance Abuse Forum (WCSAF), Local Drug Action Committees (LDACs), and the Substance Abuse program, is to design and implement integrated services for SUDs in alignment with the National Drug Master Plan 2019-2024. This comprehensive plan fosters coordination between departments, local authorities, and funded organizations, such as Ramot, in accordance with the Prevention and Treatment for Substance Abuse Act, no. 70 of 2008.

A key focus of WCSAF is to provide support to municipalities in establishing their LDACs. Once these committees are formed, they require capacitation on SUDs, referral pathways, psychoeducation regarding the biology of addiction, and guidance on working exclusively with registered facilities.

Ramot's roadshow in collaboration with the LDACs is pivotal in building the capacity of municipalities, their communities, and their stakeholders. This endeavour fills a crucial knowledge gap by providing widespread psychoeducation on addiction and SUDs, as well as guidance on the referral pathway to registered facilities.

Many stakeholders and communities across our province lack essential information about why it is crucial to know where, when, and how to seek help for SUDs. The recent roadshow with the West Coast municipality LDACs demonstrated that the information shared by Ramot was highly needed and empowering. Sessions on how to refer clients to Ramot and the importance of aftercare in the recovery process have made a significant impact.

By offering these critical capacity-building workshops to established LDACs, Ramot not only strengthens the network but also plays a pivotal role in breaking down barriers to treatment. This, in turn, promotes better access to treatment within a recovery-oriented system of care.

Given the remarkable success of the recent roadshow, I would highly recommend and request that Ramot continues this invaluable initiative with the Cape Winelands, Overberg, and Garden Route District Municipalities in the upcoming year, ideally in partnership with the Department of Social Development.

Once again, I extend my sincere thanks for the exceptional work undertaken by Ramot Treatment Centre. Your commitment to enhancing our province's substance abuse services is truly commendable.

Many thanks,

Warm regards,



Chantelle Pepper

Chair: Western Cape Substance Abuse Forum



CONCLUSION

Ramot benefits from the Badisa family's structures and systems fostering a sense of family, of being at home. The input and advice of the governing board is of crucial importance for Ramot. The invaluable value of donors and partners is cherished

Ramot is proud of its reputation and success stories, and will continue to provide patients with the best care and treatment. New strategies are constantly pursued to improve the centre and program. The year that follows is a year of renewal. Our vision - a new life, a new beginning - will definitely also apply to the centre's facilities and treatment alternatives.



Affiliated with SANCA

A Service of Badisa



THEOLOGY STUDENTS, STELLENBOSCH UNIVERSITY



MOSSELBAY ROADSHOW



GEORGE ROADSHOW



BADISA AGM 2024



ENGEN WELLNESS



WELGEMOED NG KERK



ANDRÉ COETZEE





1964 - 2024



SCAN THE QR CODE FOR THE ELECTRONIC VERSION



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